Marcus Schmieke

The most powerful Vasati tools to balance spatial energies

- The 12 Vasati-Yantras
- Meru-Chakra
- Vasati-Pyramide
Yantras as a means of correction to balance the spatial energy

Corrections applied on the physical plane such as changes in the building structure are especially important, because those changes most directly affect the overall energy situation. On the second plane – the energetic plane – we use mirrors, the different elements, precious stones, herbs and other means in order to subtly influence the quality of the energies. This also yields a sustaining effect and a noticeable improvement of the well-being of the people living in the building.

However, the deepest level of Vastu is the karmic plane, focussing on the combination and interaction of panetary influences inside the house. Such subtle means of correction are effective, because Vastu qualities mainly affect the subtle plane, and therefore one can also find counteractive means on this plane.

Yantras have been used in Vastu for thousands of years in order to balance defects on the energetic and karmic plane. This effect is due to the following elements which when taken together form a yantra:

Geometric elements: In general, yantras are made of complex geometric elements which form a geometric whole. Simply by applying yantras, the energetic quality of a room is being influenced, especially if a yantra is applied to one of the energetic key points of a room. The Shri Yantra is a good example, because here the energetic elements very clearly form a unity, which is dedicated to the goddess of fortune, Lakshmi. The Shri Yantra consists of a combination of nine triangles of different angles and sizes which penetrate each other. Five triangles are arranged in such a way that their horizontal lines are parallel and the other four triangles are arranged in the exact opposite direction. The figure that is formed by these triangles contains 43 small triangles with each one of them manifesting its own specific energy. The nine penetrating triangles represent the process of creation. The five triangles pointing from the top to the bottom represent the male impuls of creation known as Shiva, while the four triangles pointing from the bottom to the top represent the female power of creation known as Shakti. Taken together the two form a dynamic field of force in which the cosmic creation takes place.

The Sri Yantra
The Sri Yantra is one of humankind’s most ancient symbols. For many millennia the Sri Yantra has been used to invoke good fortune, wealth, health, and as an aid for meditation. Nowadays, various research scientists have shown interest in this ancient Vedic yantra. The renowned American physicist Dr. Patrick Flanagan calls the Sri Yantra the ‘king of power diagrams’ and describes its energetic effect as seventy times greater than that of a pyramid construction. This means that a three centimetre Sri Yantra possesses a greater energetic effect than a two metre pyramid. The Sri Yantra’s extraordinary energetic power depends upon its exact geometry. This complex geometry is the key to its effect and has interesting mathematical implications. In this yantra you find not only the ‘Golden Section’ but also parallels to the geometrical structure of the hydrogen atom and to the ratios of its emission lines. In line with the original Sri Yantra, we (the international Vasati company) have precisely reconstructed the Sri Yantra’s exact geometry and have given it a synergetic colouring. The Sri Yantra is auspiciously placed in the north or northeast of a room or building. The flat side of the central triangle (with a dot in the centre) should face upwards. The Sri Yantra can also energise food, beverages, or other things. Simply place appropriate items on the yantra and let them stand there for a few minutes (the longer the better). The flat side of the Sri Yantra’s central triangle should be facing east.

<table>
<thead>
<tr>
<th>Geometric element</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Circle</td>
<td>Energy of the element water</td>
</tr>
<tr>
<td>Square</td>
<td>Energy of the element earth</td>
</tr>
<tr>
<td>Triangle</td>
<td>Energy of the element fire</td>
</tr>
<tr>
<td>Diagonal lines</td>
<td>Energy of the element air</td>
</tr>
<tr>
<td>Horizontal line</td>
<td>Energy of the element water</td>
</tr>
<tr>
<td>Vertical line</td>
<td>Energy of the element fire</td>
</tr>
<tr>
<td>Point</td>
<td>Energy of the element ether</td>
</tr>
</tbody>
</table>

Furthermore, more complex geometric elements may be used, the energetic classification of which may be derived from the corresponding context.
**Colors:**
Yantras may be multi-coloured or all one colour. Although yantras also have an effect when they are all one colour, the energetic influence and clarity are being amplified by the use of colours.

The colour spectrum represents the spectrum of the subtle energies. The colours are assigned to the different planets and each direction, and they will be used if the energy of a certain planet or direction is to manifest in the yantra. If you draw the same yantra in different colours, you will get yantras with slightly different effects.

**Symbols:**
Symbols are another important part of yantras, because they symbolize the subtle power of a certain planet, entity or object. Traditionally such symbols are being used all over the world in geomantics in order to influence the energies of the earth and space.

The power of symbols is not exclusively due to their psychological effect, because otherwise it would not be possible to prove some effect on plants or other natural energetic systems independent of a human observer. However, various scientific methods have brought about such proofs in numerous cases.

For years the Slovenic geomantic Marko Pogacnik has been performing geomantic healings of landscapes, places, cities, forests and parks in many parts of the world, simply by carving symbols of nature's elements and natural entities in stone and placing them in points which are energetically effective, the acupuncture points of the respective energetic system. The effects of his earth acupuncture is so convincing that even city councils and administrations ask Pogacnik to perform such landscape healings in their areas.

**Writings**
The written word has a great effect in the subtle realm, because it carries its meaning in a fine energetic vibration. That means that the effect of a writing does not necessarily depend on someone reading and understanding it, but that is has an effect beyond consciousness.

For instance, if you write down words with a positive meaning such as love, hope, kindness, belief, mercy on a piece of paper and put a glass of water on it, the positive vibration of these words will be transferred to the water. This transfer can be amplified or accelerated, by lightly striking the glass with a spoon. You will get the same effect if you write down these words on a bottle of water in which the water is being stored. The positive effect of such affirmations can be proven by the aid of modern photographic methods. Water exposed to positive affirmations crystallises in wonderfully beautiful harmonious forms, whereas water exposed to negative affirmations crystallises in disharmonious, chaotic forms.

For this reason, most yantras contain written elements in addition to the geometric elements and symbols. In general these writings are in Sanskrit, as Sanskrit has an especially energetic effect. The letters of Sanskrit are vibration images representing the sound image of the corresponding sound. Sanskrit words or sentences written or pronounced, aiming at manifesting a certain energy, power or entities, are called mantras. A mantra is a written or spoken sound vibration, which has the power to free the mind. According to Vedic tradition every energy, power or entity has its own mantra, by which it can be addressed.

In the Vedic world view, every planet is dominated by a certain aspect of God. These aspects are presented in the form of 10 yantras. It is completely safe to apply them, they cannot have any negative effects, because they do not simply amplify the power of the planet they represent, but balance it in an intelligent way. For instance, if a certain planet is weakened, it will be strengthened by the yantra, while its effect would be neutralised, if it developed a negative effect due to its attacked position.

You apply the yantras according to a very simple principle. If you find a Vastu defect in the house or on the plot, you find out first which planet is affected by this. Once you have identified one or more planets, you place a yantra to the spot affected, respectively. In most cases you fix the yantra on the wall; the height of the yantra depends on the yantra selected. The following chart provides an overview for the height of each yantra. The details given in the right column refer to the body of the person most affected.

<table>
<thead>
<tr>
<th>Planet</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun</td>
<td>Heart</td>
</tr>
<tr>
<td>Venus</td>
<td>Solar plexus</td>
</tr>
<tr>
<td>Mars</td>
<td>Spleen</td>
</tr>
<tr>
<td>Rahu</td>
<td>Coccyx</td>
</tr>
<tr>
<td>Saturn</td>
<td>Spleen</td>
</tr>
<tr>
<td>Moon</td>
<td>Neck</td>
</tr>
<tr>
<td>Mercury</td>
<td>Eyes</td>
</tr>
<tr>
<td>Ketu</td>
<td>Crown of the head</td>
</tr>
<tr>
<td>Jupiter</td>
<td>Crown of the head</td>
</tr>
</tbody>
</table>
Another possibility consists in applying the yantras directly under the ceiling or on the floor. In this case, it is important to position the yantra in such a way that its head (the side opposite the mantra, the upper side) is directed towards the east. The following examples from practise should illustrate this principle:

Example: In general, a kitchen in the west of a house does not have enough fiery energy in order to sufficiently energise the food prepared there. Therefore, it is useful to apply a spiritual Mars Yantra in the centre of the kitchen under the ceiling so that the head of the yantra points towards the east.

Example: If a toilet is in the north-east of a building, you can apply a spiritual Jupiter Yantra outside the toilet above the door, as the toilet has an effect on planet Jupiter.

Example: If there is a big cupboard on the east side of the living room which cannot be moved, the flow of the solar life energy is blocked. This defect can be partly balanced by putting a spiritual Sun Yantra directly on the cupboard. It should be fixed in the height of the heart. Here it is not important whether the yantra can be seen from outside or not. It can also be put behind books or inside a drawer.

**Living with the nine planets**

According to Vastu all forces and influences of the universe which have an effect on man can also be found inside the house. By the help of the effective and simple system of the nine planets of our sun system we can very easily understand these influences. By referring to these nine planets the astrological systems of all cultures describe very precisely the forces on man which influence his fate like invisible threads. All areas of living of a human being are represented by the nine planets and their interaction so that their position can be seen as a reflection of the life situation of a man or a house.

Just like the various areas of life are dominated by individual planets, each direction, each function of a room, each building material and each other detail of a house is under the influence of a certain planet. Inside the house there is a lively exchange between these things and therefore also between the nine planets by which the inhabitants of the house will be affected. The house or the apartment of a man acts just like some kind of lense which focusses the influences of the nine planets on its inhabitants and make them feel their interactions. For instance, if a person is in a room located in the north of the house, he is automatically under the influence of Mercury, the ruler of the north. If the person sets up an office there, in which he intends to administer his financial dealings, the influence of Mercury is very beneficial for this endeavour as Mercury fostern financial affairs in general. In this case one must see to it that the north is being designed according to Vastu principles.

An office in the south dominated by planet Mars is under other influences. The planet Mars tends to foster more pragmatic aspects of life connected to work, research or technology. The following table assigns the dominating planets to each direction:

<table>
<thead>
<tr>
<th>Direction</th>
<th>Dominating planet</th>
</tr>
</thead>
<tbody>
<tr>
<td>East</td>
<td>Sun</td>
</tr>
<tr>
<td>Southeast</td>
<td>Venus</td>
</tr>
<tr>
<td>South</td>
<td>Mars</td>
</tr>
<tr>
<td>Southwest</td>
<td>Rahu</td>
</tr>
<tr>
<td>West</td>
<td>Saturn</td>
</tr>
<tr>
<td>Northwest</td>
<td>Moon</td>
</tr>
<tr>
<td>North</td>
<td>Mercury</td>
</tr>
<tr>
<td>Northeast</td>
<td>Jupiter/Ketu</td>
</tr>
</tbody>
</table>

This correlation indicates further important qualities of the eight directions and conclusions about their effects on the inhabitants. However, it is necessary here to know the most important qualities of the nine planets which are paramount in Vedic astrology. The following section lists the most important qualities of the nine planets, their relation to the various areas of life of man and their meaning in the living area.
The Sun —
The Ruler Of The East

The sun represents light and truth. It is the origin of all other planets and therefore represents the self of the whole universe. It stands for cosmic intelligence and pure consciousness. In the house it is mainly connected to the east and the flow of the solar pranas from the east. Defects or positive Vastu qualities of the east or other aspects of the living space dominated by the sun mainly affect the following life areas, organs etc.:

Dominated areas in the house: Sun window (window right of the main entrance, seen from within the house), meditation room, medicine cupboard, east, solar prana.

Life areas: Business, social position, power, career, health.

Organs: Spine, right eye of man (left eye of woman), mouth, appendix, neck, circular system, brain.

Enhances the following qualities: Activity, authority, steadfastness, willpower, position, happiness.

A good position of the Sun will bring about: Warmth, vitality, success, dignity, optimism, health, fame, power, brilliance, spirituality.

A bad position of the Sun will bring about: Arrogance, excessive dominance, egotism, envy, anger, irritability, character weaknesses, lack of willpower.

Diseases fostered by a bad position of the Sun: Heart diseases and problems of the circular system, skin diseases, back problems, colds and feverish colds.

Mantra: Om namo bhagavate ramachandraya.

Application in the house

Defects occurring in the east of the house, which cannot be corrected, however, should be counterbalanced with the aid of a sun yantra. This yantra should be applied exactly where the defect specifically occurs. If the defect affects a certain room, the yantra may be put over the door. If it affects a window, it should be fixed to the window etc. You will find the sun yantra in the main book in the Chapter yantras for the nine planets.

Another possibility of counteracting problems caused by defects in the east, consists of worshipping the sun with mantras or the sun greeting (Surya namaskara in yoga).

- The walls in the east are higher than in the west.
- The east is higher than the west, south, southwest, or southeast.
- The buildings in the east are taller than in other directions.
- There is no free space in the east.
- There are tall trees or buildings in the east.
- The gate or door in the east is directed towards the southeast.
- There is garbage or there are toilets in the east.
- There is no door in the east.
- The store room is in the east.
- There are mountains in the east.
- The east is dark.
Example for the application in the apartment:
In a house without windows in the east, the influx of solar life energy is inhibited and therefore, the Sun is debilitated. Because of this all inhabitants will suffer from a lack of life energy, however the male inhabitants will be especially affected, because the east is a male direction. Especially with men there will be an increased tendency to problems of the heart and the circular system, as a debilitated sun has a negative influence on these organs. If at the same time there is a heavy Vastu defect in the southwest, such as an underground swimming pool, the Vastu defects will amplify each other so that men run a critically high risk of a heart attack.

Suggestions on how to correct the situation: If the east has no windows, one should work with objects that symbolise the energy of the sun. Pictures with the rising sun may fulfill this purpose just like a ruby which is placed in the east of the house. In addition, such a wall may be painted in the colours of the sun such as orange and red in order to underline the presence of the sun. The most powerful method, however, is placing a so-called Sun Yantra at the place where the window is missing. This is a colourful graphic symbol representing the subtle energy of the sun. One can also hang up a Sun Yantra at the position of the lacking Sun window (window right of the main entrance, seen from within the house). This will strengthen the subtle powers of the sun in the house.

The effect of such a yantra is based on the combination of symbols, geometric elements, colours and writings. As the present defects mainly affect the subtle area, it is possible to counteract them in the subtle realm as well. The subtle area is very much influenced by colours, symbols, writings and geometric elements. This yantra and others presented in the following sections are so-called spiritual planetary yantras. The chapter about yantras will shed a light on the difference between spiritual planetary yantras and planetary yantras.
The Moon — The Ruler Of The Northwest

The moon represents the female principle in the universe and therefore forms the polar opposite of the sun. The sun represents the self of the cosmos and the moon its spirit. The polarity of the sun and the moon can also be found in love and willpower, activity and passivity, mind and body etc. The moon influences mainly the emotional and mental well-being of man and also affects his intellectual capabilities. If the moon is in a good position, flexibility and adaptability are prominent, while a debilitated moon may lead to moody behaviour, unsteadiness and unreliability.

Dominated aspects in the house: Moon window (window left of the main entrance, seen from within the house), organic life energy, bathroom, well, waters, white areas.

Life areas: Emotional and mental well-being, health, changes, relation to the mother, impressionability, beauty, enjoyment and luxury, family life, home, hidden things, secrets.

Organs: Breast, left eye of man (right eye of woman), gullet, stomach, uterus, ovaries, bladder, lymphatic system.

Enhances the following qualities: Reflection of perception and transmission of ideas, flexibility and adaptability, female qualities, family life, home.

Good position of the moon will lead to: Love for home and family, sensitivity, the ability to usher in changes in life, emotional stability, sense of responsibility, social behaviour.

Bad position of the moon will lead to: unsteadiness, moody behaviour, irresponsibility, fickleness, inconsistency, excessive use of alcohol and food, bad training, problematic family relations, emotional traumas.

Diseases fostered by a bad position of the moon: Digestion disorders, stomach aches, eye diseases, mental illnesses, psychosomatic diseases, mental instability.

Mantra: Om namo bhagavate vasudevaya.

Application in the house

Defects occurring in the northwest of the house, which cannot be corrected, should be counterbalanced with the aid of a moon yantra. This yantra can be applied where the specific defect originates. If the defect concerns a specific room, the yantra may be fixed over the door to that room. If it affects the window, it should be affixed to the window etc. You will find the moon yantra in the main book in the Chapter yantras for the nine planets.

Another possibility to counteract problems caused by defects in the northwest, consists in putting up a white Ganesha at the entrance.

- The northwest is cut off.
- The northwest is blocked.
- The bedroom is in the northwest.
- The library or study is in the northwest.
- There is an extension towards the northwest.
- The oven or heating system is in the northwest.
- The northwest is higher than the southwest or west.
- The northwest is lower than the north or northeast.
- The northwest is lower than the southeast.

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Example for the application in the apartment:
If a house does not have any windows left of the entrance door, the female energies represented by the moon are weakened. If in addition, the building does not cover the area of the northwest, the moon is weakened even more. This could cause the female inhabitants to suffer from emotional disorders and psychological problems. Disorders in the digestive tract and stomach aches are also fostered by such a combination of defects.

Suggestions on how to correct the situation: If there are several weakened moon aspects in a building, the energy of the moon in the house should be enhanced. In this connection it makes sense to strengthen both the northwest and the north of the building. Both directions are closely connected to the moon and its energy. White colours, plants and water in the north and northwest enhance the energy of the moon. In the north mirrors and water will strengthen the organic aspect of the life energy which is dominated by the moon as well.

In the subtle area one can also use yantras which support the energy of the moon. A Moon Yantra should be fixed in the northwest in order to balance the missing area. One could also mount a Moon Yantra at the position of the lacking moon window (window left of the main entrance, seen from within the house). This will strengthen the subtle powers of the moon in the house.
Mars — The Ruler Of The South

The planet Mars represents the active emotional and vital projections of the self towards the outside world. Thus it represents energies hidden in matter, however trying to manifest themselves in matter. The negative aspect of Mars also entails the chaotic and destructive forces. Just like the sun and the moon embody the polarity of the sexes on a higher platform, Mars and Venus represent this polarity on the sexual level. Mars is the active male pole personifying strength, courage and enthusiasm. Without its influence, no interest, no passion and no determination will ever develop. Mars is the planet of deed, clearly directed towards a goal.

Dominated aspects in the house: Kitchen, fire, chimney, electric installations
Life areas: Brothers, friends and associates, ambition, mechanical and technical abilities, sexuality, logic, science, research, hard work, violence, organisation.

Organs: Head, external genitals, the left ear, muscles, blood, uterus, prostate, pelvis.

Enhances the following qualities: Activity, ambition, desires, courage, mechanical abilities, motivation, determination, intensity.

Good position of Mars will lead to: Self-confidence, endurance, heroism, power, pugnacity, sharp intelligence, organisational abilities, good leadership qualities.

Bad position of Mars will lead to: Thoughtlessness, competitive spirit, impulsiveness, loss of calmness, sudden deaths, accidents, loss of partner, injuries, animosity, war.

Diseases fostered by a bad position of Mars: Measles, mumps, infections, fever, colds and allergies.

Mantra: Om namo bhagavate narasimhaya.

Application in the house

Defects occurring in the south, which cannot be corrected however, should be counterbalanced with the aid of a Mars yantra. This yantra can be applied where the specific defect occurs. If the defect affects a certain room, the yantra can be put up over the door to that room. If it affects a window, you may affix it to the window etc. You will find the Mars yantra in the main book in the Chapter yantras for the nine planets.

Another possibility of counteracting problems caused by defects in the south consists in putting up a green Ganesha with his trunk pointing toward the south or by worshipping Hanuman.

- The library or study is in the south.
- There is a door in the south which opens towards on open space.
- There is a well in the south.
- The walls in the south are of inferior quality.
- The terrace in the south is lower than the floor of the house.
- The southern gate or door is directed towards the southeast.
- The southern gate or door is directed towards the southwest.
- There is a lot of space in the south.
- The south is higher than the north.
- The south is lower than the north or the east.
- The complete south-side is used as a living area.
Example for its application in the apartment:

If the south of a house is very open, because there is a big window with a door to the terrasse and a terrasse, one of the most important Vastu principles for the south is violated. In this case, Mars ruling in the south is attacked. If the kitchen also dominated by Mars is located in a bad position such as the west, Mars will be further weakened and may therefore manifest its wicked nature. Depending on the other Vastu qualities of the house, quarrels, violence and an increased inclination towards infections may occur in the house.

Suggestions on how to correct the situation: A south which is too much open is the typical building strategy in our degrees of latitude. In this case it is important to balance such a widely opened south with a north with many windows. If that is not the case, the north should be enlivened by subtle means of correction.

In the south you can place heavy pots with flowers and also outside the house you can plant shady trees. The beech is the most suitable tree for the south, but other trees may fulfill the same purpose as well. The subtle correction is being done with the Mars Yantra which will be placed in the corresponding windows. In this case the yantras can be copied on a transparent foil so that the energies from outside will flow through them into the house. Also in the case of a misplaced kitchen a Mars Yantra may offer help to supplement the missing fiery energy. This is the case when the kitchen is situated in the north, west or southwest. In such cases the yantra may be affixed in the middle of the room, on the ceiling of the room or directly above the entrance door of the kitchen.
**Mercury — The Ruler Of The North**

As the messenger of the Gods Mercury represents communication, movement and intelligence. It stands for cleverness, eloquence, traveling, logic and the ability to learn and understand. Its position in the horoscope or in the house of a person indicates his intellectual and spiritual development in life.

*Dominated aspects in the house:* Guest room, reception, entrance hall, all green areas, safe, office, business areas, children's rooms.

*Living areas:* Communication, exchange, learning, teaching, eloquence, traveling, logic, spontaneous changes, money and trade articles, trade, childhood.

*Organs:* Lung, nervous system, solar plexus.

*Enhances the following qualities:* Intelligence, eloquence, communication, trade, financial affairs, writing, exchanges, relationships.

*Good position of Mercury will lead to:* Fostering things common to all mankind, reason, learning and teaching.

*Bad position of Mercury will lead to:* Problems in the childhood, problems with nerves, communication disorders, lack of concentration, restlessness, indecisiveness, wickedness, deceit, garrulity, excentric behaviour, instability.

*Diseases fostered by a bad position of Mercury:* Nerve troubles, eye illnesses, throat aches, anaemia, itching.

*Mantra:* Om namo bhagavate buddha-devaya.

**Application in the house**

Defects occurring in the north of a house which cannot be corrected, should be counterbalanced with the aid of a Mercury yantra. This yantra should be applied where the specific defect originates. If the defect affects a specific room, the yantra can be put up over the door to that room. If a window is affected, the yantra should be affixed directly on the window etc. You will find the Mercury yantra in the main book in the Chapter *yantras for the nine planets*.

Another possibility of counteracting problems caused by defects in the north, consists of painting the walls of the rooms affected in a green colour, fasting on Wednesday until evening, or to have a wind chime. At the entrance of the house or to have a green parrot in the house.

- The kitchen is in the north.
- The garbage or the store room is in the north.
- The gate or door in the north is directed towards the northwest.
- There is little or no space in the north.
- The north is lower than the northeast.
- The north is higher than the northwest or south.
- The walls in the north are higher than in the south.
- There are high trees or buildings in the north.
- There are mountains in the north.
- There is no window in the north.
- The heating system is in the north.
**Example for its application in the apartment:**
The north of a house is energetically a very peculiar area, because the organic life energy flows into the building there. If the house does not have any windows there or if in addition a storage room is located there, the north is doubly negatively affected, which will lead to a weakening of Mercury.

**Suggestions on how to correct the situation:** It is quite common to find an insufficient or completely windowless north, because many architects design the north as closed as possible for reasons of energy savings. In this way you may save the costs for heating, but at the same time one has to accept a severe weakening of the life energy and therefore risk one's health. Another problem in these cases is that Mercury is weakened. In order to eliminate this weakness it is best to have an additional window built in the north. If that is not possible one can strengthen the energies of the north by using green colours. If the lighting conditions allow big green plants, it is very useful to place them in the north. Pictures of nice landscapes containing a lot of green nature are also beneficial.

On the subtle plane Mercury may be strengthened by a Mercury Yantra. Such a yantra has the effect of a subtle window. If there is a storage room in the north, one should empty it and change the usage of this room.

The Mercury Yantra may also be placed on northern walls of rooms in areas of the house not located in the north, because here the yantra may also contribute towards an improvement of the energies, especially if those rooms are used for healing, finances or business.
Jupiter —
The Ruler Of The Northeast

Planet Jupiter is the most magnanimous and helpful among the planets. It represents all areas of life in which we grow and learn. All the mercy we receive in life is also embodied by Jupiter. At the same time it represents law and order both externally and internally. By its influence the good in life will reach us.

Dominated aspects in the house: Children's rooms, altar and temple room, safe

Living areas: Learning and teaching, priesthood, hierarchy, law and order, mercy, happiness and luck.

Organs: Hips, upper thighs, liver, gall, bladder, pancreas.

Enhances the following qualities: Learning, teaching, development of children, creativity, growth, truthfulness, concentration, meditation, discernment.

Good position of Jupiter will lead to: Truthfulness, steadiness, concentration, knowledge, happiness, optimism, fertility, productiveness, benevolence, openness, generosity, genius, joy, health.

Bad position of Jupiter will lead to: Extremism, extravagance, excessive liberalism, carelessness, negligence, debts, fanaticism, wrong judgments.

Diseases fostered by a bad position of Jupiter: Diabetes, liver problems, hip disorders, gall stones, skin problems.

Mantra: Om namo bhagavate vamana-devaya.

Application in the house

Defects occurring in the northeast of the house, which cannot be corrected, should be counteracted with the aid of a Jupiter yantra. This yantra should be applied at the place where the specific defect occurs. If such a defect influences a certain room, you may put up the yantra over the door to that room. If a window is affected, the yantra should be fixed to the window. You will find the Jupiter yantra in the main book in the Chapter yantras for the nine planets.

Another possibility to counteract problems caused by defects in the northeast consists in fasting till the evening on Thursdays.

Such corrections should be applied in the following cases, if they cannot be eliminated in any other way:

- Toilet in the northeast
- The northeast is cut off
- The northeast is dark and closed
- There are heavy stones in the northeast
- There is garbage in the northeast
- The northeast is higher than the other directions
- The kitchen is in the northeast
- There is a water container or a well in another direction
- There are heavy objects or furniture in the northeast
- The heating is in the northeast
- There is no space in the northeast
- There are tall trees in the northeast
- The bedroom is in the northeast
- There is stress, agitation and hectic in the northeast
- There are no windows in the northeast
- There is no veranda in the northeast

**Example for its application in the apartment:**
The northeast dominated by Jupiter is the most sensitive energetic area of the building and the plot. If the northeast is blocked by a toilet, Jupiter is attacked, and therefore its negative qualities may manifest.

*Suggestions on how to correct the situation:* In such a case the toilet should be closed and disassembled. If that is not possible, at least one should not use it anymore. If all of this is not possible, one can affix a Jupiter Yantra above the door of the misplaced toilet in order to avoid the negative influences. However, this defect is so heavy that one cannot attain a complete balance with such means.

If the northeast is blocked, windowless or blocked by high trees, one can place water in the north in addition to the Jupiter Yantra in order to strengthen the energy of the northeast. Plants and pictures of landscapes are also helpful. If the northeastern area is missing one can paint the wall to that area yellow in order to strengthen the weakened energy of Jupiter which is assigned to yellow. Or one could also simply place a mirror there.
The Ruler Of The Southeast

Venus is known as the Goddess of love and beauty. In the same way Venus manifests the female aspect of life, it represents our sense of harmony, passion and enjoyment. On the lower level, Venus stands for sexuality, wealth and beauty, while on a higher level it represents the devotion to truth.

Dominated aspects in the house: Living room, bedroom of parents, comfortable areas.

Living areas: Love, beauty, luxury, enjoyment, wealth, the lover of the man.

Organs: Eyes, progenerative organs, skin, neck, chin, cheeks, kidneys.

Enhances the following qualities: Harmony, art, desires, sexuality, happiness, looks, generosity.

Good position of Venus will lead to: Friendliness, loving kindness, a good marriage, a pleasant personality, attention, generosity, an artistic nature, popularity.

Bad position of Venus will lead to: Lethargy, indolence, extravagance, eccentric behaviour, lack of emotional control.

Diseases fostered by a bad position of Venus: Eye infection, problems with the ovaries, skin diseases, swellings, anaemia.

Mantra: Om namo bhagavate parashuramaya.

Application in the house

Defects occurring in the southeast of the house which cannot be corrected however, should be counterbalanced with the aid of a Venus yantra. This yantra should be placed where the specific defect occurs. If the defect affects a certain room, the yantra may be placed over the door. If the window is concerned, it should be applied to the window etc. You will find the Venus yantra in the main book in the chapter yantras for the nine planets.

Another possibility of counteracting problems caused by defects in the southeast consists in putting up a statue or a picture of Ganesha in front and behind the house.

- The southeast is cut off.
- The southeast is blocked.
- There is an extension towards the southeast.
- There is a well or a pond in the southeast.
- There is water in the southeast.
- The bathroom or toilet is in the southeast.
- There is food in the southeast.
- The southeast is lower than the northeast or higher than the southwest.
- The bedroom is in the southeast.

Example of its application to the apartment:

The Vastu qualities of the southeast have an influence of the position of Venus inside the house. If, for instance, the bedroom also dominated by Venus is located in the southeast, Venus is debilitated in a twofold way, because Venus rules both the bedroom and the southeast. If the house has another heavy Vastu defect such as a toilet in the northeast, there is a combination of Vastu defects. A Vastu defect in the northeast in connection with another heavy Vastu defect increases the tendency to get cancer, because Jupiter ruling over the northeast increases the growth of tumors if he is attacked. It depends on the other planet affected by the other defects, which organs will be affected by this increased...
risk of cancer. If it is Venus like in our example women run a higher risk of breast cancer or cancers of the female progenerative organs.

*Suggestions on how to correct the situation:* Again the best solution is to close the toilet in the north and remove the sleeping place from the southeast of the house to another area. If the diseases mentioned above have manifested already, it is definitely recommendable to go ahead with this procedure. A Venus Yantra is of certain help if applied under the bed.

If the kitchen is located in the south, it is lacking the influence of the Venus energy so important to food. As the kitchen is dominated by Mars and also located in the south also dominated by Mars, it is the squaring of Mars energy which generates a situation in which the female energy is insufficiently represented. Therefore, it is best if the kitchen is located in the southeast of the house, because there the Mars and Venus energies harmoniously supplement each other. The kitchen is also well placed in the northwest, because there its Mars energy is complemented by the female power of the moon, which is very similar to the one of Venus. However, if the kitchen is located in the south dominated by the male Mars energy, one should affix a Venus or Moon Yantra for balance. This should be mounted either in the centre of the kitchen underneath the ceiling or above the entrance inside the kitchen.
Saturn —  
The Ruler of The West

Saturn is considered to be the most vicious among the main planets, if he is manifesting his negative aspects, while his positive aspect is of great importance to spiritual life especially. It bestows one with discipline, renunciation and fosters solitude and asceticism. His dark side entails death, disease, poverty, separation and perversion. It can be felt anywhere where things degenerate, are being destroyed or lose their power. It confronts man with suffering and pessimism. Equipped with such qualities, Saturn represents time especially which after all will dissolve all things created and will bring them closer to their natural ending or death. A strong Saturn is the basis for everything which should last in this world. A weakened Saturn will lead to delays in many areas.

*Dominated aspects in the house*: Dining room, pantry, storage room, garbage.

*Living areas*: Old age, death, disease, separation, suffering, degeneration, self-preservation, protection, discipline, solitude, renunciation, independence, durability, research, immovables.

*Organs*: Bones, teeth, hair, ears.

*Enhances the following qualities*: Striving for self preservation and protection, discipline, transitoriness, trading with immovables, building companies, science.

*Good position of Saturn will lead to*: Durability, discipline, renunciation, independence, border crossing.

*Bad position of Saturn will lead to*: Death, disease, degenerative processes, lethargy, stubbornness, lethargy, delays, depressions.

*Diseases fostered by a bad position of Saturn*: Arthritis, rheumatism, gall stones, weak knees, weak bones and teeth, ears illnesses, deafness, blindness.

*Mantra*: Om namo bhagavate kurma-devaya.

*Application in the house*

Defects occurring in the west of the house which cannot be corrected, should be counterbalanced with the aid of a Saturn yantra. This yantra should be applied where the specific defect occurs. The the defect affects a specific room, you may put up the yantra over the door to that room. If it affects a window, it should be fixed to the window etc. You may find the Saturn yantra in the main book in the Chapter yantras for the nine planets. Another possibility of counteracting problems caused by defects in the east, consists in fasting until the evening on Saturdays.

- The main entrance is in the west.
- The bathroom or bedroom of the parents is in the west.
- The kitchen is in the west.
- There is a fireplace or heating in the west.
- There is a veranda in the west.
- There is water departing the plot in the west.
- The west is lower than the east.
- The west is higher than the southwest.
- The west is open.
**Example for its application in the apartment:**
A vivid example to illustrate the influence of Saturn in the house is his effect on partnerships. If for instance the kitchen of the house is located in the southeast just as prescribed by Vastu, and the bedroom of a couple is located in the southwest with a storage room between these two rooms, Saturn ruling the storage room is between Venus (bedroom) and Mars (kitchen). If Saturn presses in between these two planets representing the couple or lovers, separation or divorce is looming over the persons.

*Suggestion on how to correct the situation:* In such a case it's urgently recommended to change the function of the storage room or find another place for sleeping. If that is not possible, one can affix a Saturn Yantra in the bedroom on the wall towards the storage room which will revolve its negative influence into something positive.

If the west is too open with a big terrasse, Saturn is also weakened which might lead to a situation in which he will manifest his negative nature. In such a case it is also recommendable to mount a transparent Saturn Yantra in one of the windows affected. In this case, also protective trees or tall plants in the inside of the house in front of the window may help.
Rahu — The Ruler Of The Southwest

In western astrology Rahu is not known as a planet, but as the northern lunar node, i.e. the point of intersection between the ecliptic and the orbit of the moon. According to Vedic understanding Rahu is a subtle planet with a clearly felt influence on the lives of people. Rahu is always located on the opposite side of Ketu, the southern lunar node. Therefore, Rahu and Ketu rule the opposite directions of the diagonal northeast (Ketu) and southwest (Rahu). Among the nine planets Rahu is considered to be the most vicious one. His influence is mainly felt on the psychological plane. In many ways, he is very similar to Saturn, however, in comparison, he acts more on the subtle plane. As subtle planets, both Rahu and Ketu adopt the qualities of those planets they are combined with.

Dominated aspects in the house: Main entrance, big and dark rooms.

Living areas: Craziness, neurosis, obsession, power, position.

Organs: Not specified.

Enhances the following qualities: Power, fame, fulfillment of desires, use of mass trends.

Good position of Rahu will lead to: Harmony with the collective trend, prestige, popularity, fame, power.

Bad position of Rahu will lead to: Craziness, neurosis, obsession, psychological problems, dissatisfaction, dishonesty.

Diseases fostered by a bad position of Rahu: Problems with the central nervous system, psychological illnesses.

Mantra: Om namo bhagavate varaha-devaya.

Application in the house

If there are defects occurring in the southwest of your house and they cannot be corrected, they can be counteracted by applying a Rahu yantra. This yantra should be affixed were the specific defect occurs. If the defect refers to one specific room, you may put up the yantra over the door to that room. If the defect refers to a window, it should be put up on the window etc. You will find the Rahu yantra in the main book in the Chapter yantras for the nine planets.

Another possibility for counteracting problems caused by defects in the southwest consists in putting up a grey or colourful statue of Ganesha at the main gate or main entrance. If you are unable to acquire a statue of Ganesha, a picture will do.

Such corrections should be applied in the following cases, if the defects cannot be eliminated in any other way:

- There is a lot of space in the southwest (more than in the northeast)
- There is a basement under the southwest
- There is a dip/hollow or a hole in the ground
- There is a well or water in the southwest
- The kitchen is in the southwest
- The southwest is light and open
- There are big windows in the southwest
- The bathroom is in the southwest
- There is an extension of the plot towards the southwest
- There is a door in the southwest
- The southwest is lower than the other directions
- The water flows off towards the southwest
- There is no right angle in the southwest
- There is a lot of commotion and hectic activity in the southwest
- Children sleep in the southwest

Example for its application in the apartment:
Rahu rules over the main entrance. If the entrance is very big and dark, the Rahu effect in the entrance hall will be amplified by which several negative influences of Rahu may manifest. In this case, one should light up the entrance and bring as much light into that area as possible.
Rahu is also afflicted if there are Vastu defects in the southwest. Due to the malicious nature of Rahu such defects many threaten one's existence. If for instance, the house has an extension, an annex or winter garden in the southwest, the negative influence of Rahu is present.

Suggestion on how to correct the situation: With such defects in the southwest one should try to weigh down this area as much as possible with heavy objects or furniture. Weight reduces the negative energetic potential of Rahu. On the subtle plane, it is possible to counteract the defect with the help of a Rahu Yantra.
**Ketu — The Ruler Of The Northeast**

In western astrology Ketu corresponds to the southern lunar node. Together with Jupiter it rules the northeast, however it only has a subordinary role in comparison to Jupiter. While Rahu points out the susceptibility of the individuum to the influence of the mass, Ketu indicates how the individuum moves in his own narrow circles and isolates himself.

*Dominated aspects in the house:* Exit, back entrance, bathroom, long halls, long rooms, cracks in the walls.

*Living areas:* Healing, isolation, spirituality.

*Organs:* Not specified.

*Enhances the following qualities:* Concentration, perception, independence, liberation, spiritual healing.

*Good position of Ketu will lead to:* Powerful perception, independence, interest in spirituality, capability of a spiritual healer.

*Bad position of Ketu will lead to:* Lack of self-confidence, absolute chaos.

*Diseases fostered by a bad position of Ketu:* Not specified.

*Mantra:* Om namo bhagavate matsya-devaya.

**Application in the house**

Defects occurring in the northeast of the house, which cannot be corrected, should be counteracted with the aid of a Jupiter yantra. This yantra should be applied at the place where the specific defect occurs. If such a defect influences a certain room, you may put up the yantra over the door to that room. If a window is affected, the yantra should be fixed to the window. You will find the Jupiter yantra in the main book in the Chapter *yantras for the nine planets.*

Another possibility to counteract problems caused by defects in the northeast consists in fasting till the evening on Thursdays.

Such corrections should be applied in the following cases, if they cannot be eliminated in any other way:

- Toilet in the northeast
- The northeast is cut off
- The northeast is dark and closed
- There are heavy stones in the northeast
- There is garbage in the northeast
- The northeast is higher than the other directions
- The kitchen is in the northeast
- There is a water container or a well in another direction
- There are heavy objects or furniture in the northeast
- The heating is in the northeast
- There is no space in the northeast
- There are tall trees in the northeast
- The bedroom is in the northeast
- There is stress, agitation and hectic in the northeast
- There are no windows in the northeast
- There is no veranda in the northeast
**Example for its application in the apartment:**
Apart from Jupiter Vastu defects in the northeast also affect Ketu. Therefore, a neglected or blocked northeast may bring about the effects of a weakened Ketu such as depressions, isolation, lack of self-confidence and chaos.

**Suggestions on how to correct the situation:** In order to avoid such effects, the northeast should always be clear, tidy, light and open. Apart from the means of correction already mentioned, one can also apply a Ketu Yantra and influence the subtle plane.

**Narasimha Raskana Yantra — The Universal Protection Yantra**

Next to the Mars Yantra the Narasimha Raskana Yantra offers an exceedingly effective protection yantra which may not only be applied to the south, but also to other directions where special protection is desired, such as the entrance or the sleeping area.
The Vasati Direction Yantra

There is one more yantra which does not belong to the planetary yantras: the Vasati Direction Yantra. In general, it is being applied in all places where there are defects of direction, i.e. where according to Vastu things are at the wrong place. The Direction Yantra has a complex structure in which geometric elements, symbols and mantras are combined. Colours are also applied as the Direction Yantra is available in a black and white and a multi-colour version.

Illustration: Vasati Direction Yantra

In the centre of the Vasati Direction Yantra there is the Vastu-Purusha, the symbol of the life space. His head is directed towards the northeast, his feet to the southwest and his joints are located in the two dynamic directions, the northwest and the southeast. If the Direction Yantra is mounted horizontally, the head of the Vastu Purusha should be directed towards the northeast while the head should point towards the left side, if it is affixed vertically on a wall.

Around the Vastu Purusha there is a geometrical structure made of three circles, in which the 32 directions of the sky are named and numbered. This structure has the effect of an antenna and at the same time of a mechanism which balances wrong placements of rooms or objects.

In the outer environment of this geometry there is the respective mantra of the demigod ruling over the direction in question. According to Vedic understanding, the demigods are powerful entities who are connected to the cosmic laws.

Examples for the application of the Direction Yantra:
In the case of a misplaced room such as a kitchen in the northeast or an office in the south, the Direction Yantra may be placed above the door outside of this room. Also in the case of misplaced furniture or other objects, the Direction Yantra may be applied. If for instance, there is a cupboard in the north of a room and cannot be moved, it is advisable to fix the Direction Yantra in the middle of the cupboard on the backside or also somewhere on the front side.
Meru-Chakra – the most important corrective tool of Vastu

The Meru chakra is a three-dimensional Shree yantra. It can be effectively used for correcting defects of the north (direction of health, fortune and money) and northeast (energetically most important and most valuable area of the house). When placed in the northeast, it effectively improves the spatial energies of the whole house. Defects of spatial energy in the northeast and north are the most serious ones, so the Meru chakra is the most important corrective tool in Vasati.

The Shree yantra consists of triangles that are arranged in five levels around the center. The Meru chakra has these same levels arranged in different heights. The spatial effect achieved hereby leads to a strengthening of the spatial effect of the as such two-dimensional Shree yantra. By that the Meru chakra becomes the ideal corrective tool for disturbed spatial energies. The advantage of three-dimensional yantras is that they resonate the energetic effect of the flat (two-dimensional) yantras directly with the living space. While the exact positioning in space of a two-dimensional yantra decisively influences its effect, the three-dimensional yantras described here act from any point in space with comparable strength. Their effectiveness can be optimized by their correct position but this optimizing effect is clearly smaller than it is with the conventional two-dimensional yantras.

The Meru chakra embodies the energy of Shree, the goddess of fortune. Thus it is very much suitable for strengthening the female energies in the house. Since the goddess of fortune also embodies wealth and money, the Meru chakra also has a very positive influence on the energies of the money area in the north. When it is placed in the north of a house, it at the same time strengthens the organic aspects of the life energy that flows in from the north. You can even place it on the northern wall in rooms without any windows to the north. Another direction where the Meru chakra would be very effective is the northeast. The energies flowing in from the northeast are stimulated and harmonized by the Meru chakra. Tests with skin resistance measurements have shown that the Meru chakra harmonizes all twelve meridians in the body. Thus it can also be set up at your working place, in your office, beside the computer or in the living room near the suite in order to harmonize the energies of these areas and to free them from stress.

After many years of research, the Veda Academy of Germany has authentically reproduced the Meru Chakra in auspicious metals with a beautiful 24 carat gold plated finish with exact geometric measurements. The knowledge for the construction of the Meru Chakra was derived from ancient Vastu scriptures. Thus the Veda Academy's extensive research brings the ancient Meru Chakra's immense auspiciousness into your living spaces today.

The precise dimension of the Meru-chakra are transferred by computer-technology to a laser that carved the mold. In this way an unprecedented preciseness of the geometry of the Meru-chakra is achieved. As the key to its power lies in the sanctified geometry, this Golden Meru-chakra is extremely powerful and beautiful.

The elaborate precious metal casting (silver, antimony, copper, zinc, pewter) is covered with 24 carat gold. The originally complex geometrical measures have been precisely calculated and with up-to-date computer technology meticulously applied to the mould. Precious material and the highest precision in manufacture make the original Meru chakra unequalled in its aesthetics and its energetic effect.

Examples for the Use of the Meru Chakra

If the northeast of a building is burdened with falling energies like for example in a lumber room and a toilet or if it is too much closed, a Meru chakra should be set up there. Of course you should in such a case first of all exhaust all other possible corrective measures.

If a building has no sufficient window space in the northeast or if the northeast is obstructed by tall trees or a high neighbouring house, the Meru chakra is very good for strengthening the weakened organic aspects of the life energy. The same is true for rooms, especially when people carry out healing or financial activities there.

The Meru chakra is very much helpful in business premises, above all in the area of the safe. The Meru chakra should be placed in the north of the building or of the rooms in question also for this cause.

When setting up the Meru chakra, you have to keep in mind that the flat side of the central triangle must be exactly aligned with the east.
"Meru Chakra Pyramid"
04/02/2002
Total Judgment: energetically very good
Main Tendency of Its Effect: harmonizing

Total Judgment: energetically very good
Main Tendency: energetically organizing
energetically good
harmonizing
energetically harmless
energizing
energetically negative
activating
reassuring

Summary of the LIFE TEST Results
The “Meru chakra pyramid” of Vedasan plc. has been examined according to LIFE TEST® criteria with the aid of meridian energy measurement (with “Prognos”) on its energetic effects on man. The Meru chakra pyramid is a pyramid that consists of triangular forms that have been fit into each other – a three-dimensional copy of the so-called Shri yantra, an ancient Indian Vedic symbol. The pyramid is made of gilded cast metal and, according to statements of the manufacturer, has been aligned to the directions.

Total Judgment:
"energetically very good"
The Meru chakra pyramid heightens the energy level and improves the harmony of the energy distribution in the system of the acupuncture meridians. This effect is also obtained in the so-called double blind attempt, i.e. with closed eyes and covered pyramid.

Main Tendencies of the Energetic Effect:
"harmonizing"
Why is this so? The energy distribution within the system of the acupuncture meridians is balanced and harmonized and thus brought into a condition of greater stability.

"energizing"
Why? The energy system is altogether being activated, i.e. the system of meridians is fed with energy.

LIFE TEST® : “Meridian Energy Measurement”
TEST ORDER
10 persons, 5 men and 5 women, have in a double blind test been exposed to the effect of the Meru chakra pyramid and a dummy.

- After the neutral basis measurements the first test stage was begun: the Meru chakra pyramid and the dummy (a pyramid-like polystyrene model) have been covered with the same fabric. In addition, the test persons kept their eyes closed in order to rule out possible emotional-psychological or mental-spiritual influences because of the covered shape. Every test person held the left hand above the pyramid.
- In a second test stage, the pyramid was undisguised and the test persons looked at the test objects while holding their left hand above them. In this way, the psychological effect of the Meru chakra pyramid was to be found out.
- In the third stage they examined if the effect changes when a multivitamine preparation is placed below the pyramid object that is hollow inside.

For the meridian measurement, “Prognos” was used, a method of measuring skin resistance at the end points of the acupuncture meridians on hands and feet. One can draw conclusions from the results on the energetic condition in the
system of the acupuncture meridians and thus on the human energetic level in general. The reliability of this method has been proven with a German study at Stuttgart University. This method is approved in the orthodox medicine in Russia. From the readings, one can distinguish between an energetic effect and an influence on the harmonic distribution of the energy.

Past experience of traditional Chinese medicine (TCM) and of modern western energy and information medicine has shown that energy level and energy balance are an expression of the health of man. A change therein is seen as an indication of a positive (health supporting) effect or a negative (health decreasing) effect. If such influences last, such energetic effects can also be expressed in the body – according to experiences of TCM as well as of energy and information medicine.

TEST RESULTS
The measurement results show a considerable difference between the Meru chakra pyramid and the dummy. While almost all test persons reacted with an energy increase and a harmonizing and balancing of the energy distribution when exposed to the Meru chakra pyramid, the polystyrene dummy produced clearly negative results. The strength of this dummy effect does not correspond to the charakter of a neutral comparison result anymore but already to a distinct negative influence. So much the stronger the difference between a positive energetic influence (Meru chakra pyramid) and a negative energetic influence (polystyrene dummy) is made clear.

In the blind test, 60 percent of the test persons immediately reacted to the Meru chakra pyramid with a clear energy increase. The dummy consisting of polystyrene however caused an energy reduction with 70 percent of the test persons. The energizing influence of the Meru chakra pyramid is thus objective and is not based on a placebo effect resp. illusion of the test persons. When looking at the uncovered pyramid, even 80 percent of the test persons reacted with an energy activation. This shows that the effect of the Meru chakra pyramid can be further strengthened by emotional and mental processes. The extent of the energy supply reached in the blind test and in the open test orders of magnitude that are typical for effective medicaments of orthodox medicine, sporadically it even exceeded them.

The influence on the energy distribution, i.e. on the energy balance in the meridian system, reveals a second force of effect of the pyramid: the Meru chakra pyramid not only supplies energy, it can also compensate discords in the system of the acupuncture meridians and balance the whole system. When allowing a longer influence, also the autonomous nervous system that is connected with the meridian system can be balanced.

The harmonic distribution of energy was improved with 80 percent of the test persons in the blind test, when they were allowed to look at the pyramid the 90 percent mark was reached. This means: the Meru chakra pyramid supplies the human with energy and takes it – in an intelligent way, so to speak – where it is needed. Here too the effect is in a scope that is reached by medicaments of orthodox medicine, but unlike such medicaments the Meru chakra pyramid has no side effects from an energetic point of view.

The third test stage should check if the pyramid can be used as a kind of “transmitter” for specific positive healing information in the sense of information medicine. For that purpose, a multivitamin preparation was placed below the hollow pyramid. The achieved results showed slightly positive as well as slightly negative effects so that no homogeneous trend was evident. The majority of the test persons felt the positive influence stronger than the positive effect of the pyramid itself. This can be interpreted in various ways:

• Perhaps the preparations have to rest below the pyramid for a longer time in order to see exert a distinct influence
• Possibly only certain preparations are suitable for that and compatible with the effect of the Meru chakra pyramid
• Perhaps the Meru chakra pyramid neutralizes or exceeds the influences of the preparations or at least those of specific preparations or contents

In order to resolve this, more extensive tests would be needed.

Summary

Because of the markedly harmonizing and energetically strengthening effect on the human energy system, the Meru chakra pyramid is being rated as “energetically very good” in this LIFE TEST. Predominant tendencies of its effect are “harmonizing” and “energizing.”

<table>
<thead>
<tr>
<th>Meru chakra pyramid</th>
<th>Polystyrene dummy pyramid form</th>
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</thead>
<tbody>
<tr>
<td>Energy niveau</td>
<td>Energy balance</td>
</tr>
<tr>
<td>at 80% improved</td>
<td>at 90% improved</td>
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<tr>
<td>Energy balance</td>
<td>Energy niveau</td>
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<tr>
<td>at 70% reduced</td>
<td>at 80% reduced</td>
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The ultimate Vastu Pyramid

The most effective correction tool for the improvement of spatial energies is the Vastu/Vasati Pyramid. The Veda Academy in Germany, also known internationally as Vasati, (see details at back of the book), has authentically developed the Vastu Pyramid after extensive years of research and development. The Vastu Pyramid's unique effect is a synergetic combination of all Vastu's correction tools.

The Vastu pyramid is a three-dimensional, relief-like representation of the Vastu directional yantra. In the centre is a transparent pyramid with a 7 x 7 cm basis, and combined with it are the Vastu Purusha and the Maha Purusha yantras. In the eight directions around the centre pyramid lie eight smaller pyramids with Vasati yantras beneath. The Vastu pyramid is best installed in the centre of a house or room or on another energetic key point. This powerful pyramid can correct Vastu defects to a high degree without any analysis. The Vastu pyramid's powerful effects penetrate problematic spatial energies in the following ways:

**Yantras** - A *yantra* is a graphic energy tool that has a lasting influence on a room's energetic quality with its geometrical elements, colours, mantras, and symbols. The three-dimensional combination of the twelve most important *yantras* in the Vastu Pyramid unfolds a powerful effect on the karmic level.

**Pyramids** - The effects of the *yantras* are energetically intensified and projected into the building with the help of nine pyramids.

**Mantras** - Inscribed in the stone relief of the base plate and positioned in the eight directions are auspicious mantras which neutralise inauspicious defects. **Vastu Purusha Mandala** - In the centre of the Vastu Pyramid is a relief of the Vastu Purusha Mandala. The effect of this personal symbol of the ideal space is greatly intensified through the bigger central pyramid.

**Installation Ceremony** - The Vastu Pyramid can be installed with a traditional Vedic fire ceremony that activates its subtle energies. The pyramid thereafter becomes the energetic power centre of an entire building, supplementing to a large degree the missing natural influences required for a harmonious living space.

The effect range of the Vastu Pyramid

The Vastu pyramid equalises up to 75% of negative spatial energies and Vastu defects with an effect range of around 22 metres. But the most effective and far-reaching Vastu correction method is the combined use of correctly placed yantras with a Vastu pyramid and/or Meru Chakra. The huge advantage here is that the Vastu pyramid when combined with the right *yantras* and chakras can neutralise nearly all of a building's negative energies without having to probe into the specific nature of the defects. The counterbalancing effect of such a combined usage can be as much as 98%.
Harmonising with ancient sounds, mantras, and music

The subtle purification of living space through sound is known to all cultures. Vasfu is a spatial science that empowers yotrio attract auspicious energies to your house, to give entrance to bio-energies that positively influence various aspects of your consciousness and daily life. Sound is most significant in Vasfu because the entire Vedic culture is based on the use of various sound vibrations. Sounds and music, for instance, have a harmonising effect on a room's space, or ether, which is the subtle form of sound that determines a room's quality. Large parts of the Vedas describe the effects of sound, harmonies, ragas, and mantras on human beings and natural energies.

For example, the Gandharva-veda describes the affects of music on humans. This scripture vividly explains how harmonies or ragas generate specific moods by combining certain intervals and applying them in specific rooms. The intervals are summarised into a raga according to a room's proportions.
The Shabda-veda describes the effect of mantras on human beings and natural elements. Mantras are combinations of unique words and sounds which have profound spiritual and material effects. They contain keys that open Nature's most subtle mechanisms. When mantras and ragas are combined together they form a powerful combination. Mantras are therefore sung with specifically appropriate ragas and rhythms. To that end Vasati offers a powerful and immensely popular CD with totally authentic mantras and music that combine to put you and your house at ease.

Northeast; Jupiter-Yantra: Om namo bhagavate vamanadevaya
East, Sun-Yantra: Om namo bhagavate ramachandraya
Southeast, Venus-Yantra: Om namo bhagavate parashuramaya
South, Mars-Yantra: Om namo bhagavate narasihmhaya
Southwest, Rahu-Yantra: Om namo bhagavate varahadevaya
West, Saturn-Yantra: Om namo bhagavate kurmadevaya
Northwest, Moon-Yantra: Om namo bhagavate vasudevaya
North, Mercury-Yantra: Om namo bhagavate buddhadevaya

Overview Of All Subtle Means Of Correction

<table>
<thead>
<tr>
<th>Level of correction</th>
<th>Used for</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yantras</td>
<td>Specific Vastu defects which cannot be done away with by building measures.</td>
</tr>
<tr>
<td>Meru Chakra</td>
<td>Strengthens the female energies, the organic life energy and the money and health area in the north; is applied in the northeast in order to rectify energetic Vastu defects.</td>
</tr>
<tr>
<td>Vasati Pyramid</td>
<td>General strengthening of all energies in the house; strengthening of all yantras mounted in the house; correction of Vastu defects on the energetic and karmic level; positioning in the middle of the house or a room.</td>
</tr>
<tr>
<td>Mantras</td>
<td>Supporting the effects of yantras by reciting the respective mantras.</td>
</tr>
<tr>
<td>Kavaca</td>
<td>Personal planet amulet to balance karmic and bio-energetic weaknesses of the birth chart.</td>
</tr>
</tbody>
</table>

The Kavaca — Protection Through The Strength Of Positive Planets

According to Vedic astrology, every man has both potentially negative planets the influence of which will cause suffering and difficulties, as well as potentially positive planets which will act as our helpers and healers. To strengthen those is the most effective protection against attacks from the negative planets and their effects on the life of a person. Vasti defects amplify weaknesses present in the birth chart. But positive Vasati constellations will be able to balance them to a certain degree. However, their corrections cannot only be performed within space, but also directly with astral means of corrections.

The ancients Veda scriptures describe a kavaca (protection) as this powerful process of enhancing the forces of positive planets and therefore bringing about a protection for all areas of the birth chart. On a very rare, auspicious day, the power of the positive planets is carved on a silver amulet with the help of number symbols, following an ancient rite thousands of years old. If you wear a kavaca made on such a day, one conserves the positive power of this point of time for the rest of one's life, because the combination of numbers carved onto the silver amulet will amplify the resonance of the planets with the person wearing the kavaca.
# The most important Vastu defects and their correction

<table>
<thead>
<tr>
<th>Vastu Defect</th>
<th>Defect level</th>
<th>Possible Effects</th>
<th>Vasati Remedy</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Toilet, storeroom or rubbish in North-East</td>
<td>8</td>
<td>Lack of energy, learning difficulties, cancer, diabetes, liver disorders, and infertility.</td>
<td>For a northeast toilet or a blocked northeast, place a Sri Yantra on the outside wall of the toilet/northeast area. A much more effective remedy is to put a Meru Chakra in the north or northeast. Since the Meru Chakra is a 3D gold plated Sri Yantra made with auspicious metals, it is many times more powerful.</td>
</tr>
<tr>
<td>• Northeast is completely blocked (no windows)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Main entrance in the Southwest (level 8)</td>
<td>7</td>
<td>Accidents, heart disorders, strong negative energies, fundamental anxieties about life, and mental problems.</td>
<td>Place a Varaha/Rahu Planet Yantra in the southwest to counter the influence of Rahu, and put a Sri Yantra in the northeast. If necessary, put a Varaha Yantra in the southwest and a Meru Chakra in the north/northeast.</td>
</tr>
<tr>
<td>• Water or extended land and/or house in the Southeast</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Southwest open with large windows, veranda</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• East is closed or contains any kind of clutter or rubbish</td>
<td>5</td>
<td>Career obstructions, financial problems, problems with coral spine and heart.</td>
<td>• Place a Ramachandra/Sun Planet Yantra and/or a Sri Yantra in the east. Best is both the above and a Meru Chakra in the North/Northeast.</td>
</tr>
<tr>
<td>• Four building corners point to the four main directions.</td>
<td>4</td>
<td>Disharmonious energy flow in the building.</td>
<td>• Install a Vastu Pyramid in the centre of the building.</td>
</tr>
<tr>
<td>• North is closed, contains a toilet, stored rubbish, or clutter.</td>
<td>4</td>
<td>Financial loss, lack of energy, weak Immune system, frail bronchial tubes, and poor lungs.</td>
<td>• Place a Sri Yantra in the north. Best is a Meru Chakra, in addition to the above, in the north/northeast.</td>
</tr>
<tr>
<td>• Land or house extends to southeast or northwest.</td>
<td>4</td>
<td>Relationship problems, infections, breathing difficulties, depression, &amp; diseases for women.</td>
<td>• Place a Parashurama/Venus Planet Yantra in the southeast. • Place a Krishna/Moon Planet Yantra in the northwest.</td>
</tr>
<tr>
<td>• Sleeping in the southeast.</td>
<td>4</td>
<td>Infections, weak immune system, and breast cancer.</td>
<td>• Move sleeping area to southwest, otherwise, put a Parashurama/Venus Planet Yantra in the southeast.</td>
</tr>
<tr>
<td>• A wide open south with with large windows and/or a south main entrance.</td>
<td>4</td>
<td>Financial losses, aggression, and lack of energy.</td>
<td>• Place a Narasingha/Mars Yantra in the south and put a Sri Yantra opposite in the same room.</td>
</tr>
<tr>
<td>• A wide open west with large windows.</td>
<td>3</td>
<td>Delays, depression, degeneration, bone problems.</td>
<td>• Place a Kurma/Saturn Yantra in the west and put a Sri Yantra in the east of the building.</td>
</tr>
<tr>
<td>• Centre of building is obstructed.</td>
<td>3</td>
<td>A debilitated energy flow in the building.</td>
<td>• Install a Vastu Pyramid nearest to the centre of the building.</td>
</tr>
</tbody>
</table>